

## SEPTEMBER 2015



| D's Best 5 |        |  |           |  |  | 7 10  |
|------------|--------|--|-----------|--|--|---|
| Sunday     | Monday | Tuesday  | Wednesday | Thursday   | Friday   | Saturday  |
|            |        | 1  | 2         | Carroll Hospital Breastfeeding<br>Support*<br>12:00pm - 1:00pm<br>Shauck Auditorium<br>Information. Call 410-871-<br>7000 Free. No registration<br>required. Walk-ins welcome        | 4  | 5   |
| 6          | 7      | 8  | 9         | 10 Carroll Hospital Breastfeeding Support* 12:00pm - 1:00pm Shauck Auditorium Information. Call 410-871- 7000 Free. No registration required. Walk-ins welcome                       | 11   | 12  |
| 13         | 14     | 15 Breastfeeding Class: Learn How To Breastfeed @ Carroll Hospital in the Shauck Auditorium 6:30 pm – 9:00 pm To register, call 410-871- 7000. Fee \$30.00 | 16        | 17 Carroll Hospital Breastfeeding Support* 12:00pm - 1:00pm and 6:15 pm - 7:15 pm Shauck Auditorium Information. Call 410-871- 7000 Free. No registration required. Walk-ins welcome | 18 Breastfeeding Basics Class Offered to WIC participants 1-2 PM Carroll County Health Department. WIC Program Call ahead 410-876-4898 | 19  |
| 20         | 21     | 22   | 23        | 24 Carroll Hospital Breastfeeding Support* 12:00pm - 1:00pm Shauck Auditorium Information. Call 410-871- 7000 Free. No registration required. Walk-ins welcome                       | 25   | 26  |
| 27         | 28     | 29   | 30        | Carroll County For Breastfeeding support near Elaine Geisler, Certified Breastf Mona Ramirez, Certified Breast Laurie Hegg-Boyle, Certified Bre Barbara Regan, RD – Breastfeed       | eeding Specialist [English]<br>feeding Specialist [Spanish]<br>eastfeeding Specialist [English]  | *Group is facilitated by<br>Angela Baublitz RN, BSN<br>IBCLC Lactation Specialist |



## OCTOBER 2015



| 89, 's Best St  |        |   |           |   | 7  |          |
|---|--------|---|-----------|---|--|----------|
| Sunday  | Monday | Tuesday   | Wednesday | Thursday  | Friday   | Saturday |
| Carroll County  For Breastfeeding support near you: (410) 876- 4898  Elaine Geisler, Certified Breastfeeding Specialist [English]  Mona Ramirez, Certified Breastfeeding Specialist [Spanish]  Laurie Hegg-Boyle, Certified Breastfeeding Specialist [English]  Barbara Regan, RD – Breastfeeding Coordinator |        | *Group is facilitated by<br>Angela Baublitz RN, BSN<br>IBCLC Lactation Specialist   |           | 1 Carroll Hospital Breastfeeding Support* 12:00pm - 1:00pm Shauck Auditorium Information. Call 410-871- 7000 Free. No registration required. Walk-ins welcome                     | 2  | 3        |
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| 25  | 26     | 27  | 28        | 29  | 30   | 31       |



## NOVEMBER 2015



| 91's Best 9  |        |   |  |   |  | 7 20 -   |
|--|--------|---|--|---|--|----------|
| Sunday   | Monday | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday |
| Carroll County  For Breastfeeding support near you: (410) 876-4898  Elaine Geisler, Certified Breastfeeding Specialist [English]  Mona Ramirez, Certified Breastfeeding Specialist [Spanish]  Laurie Hegg-Boyle, Certified Breastfeeding Specialist [English]  Barbara Regan, RD – Breastfeeding Coordinator |        |   | *Group is facilitated by Angela Baublitz RN, BSN IBCLC<br>Lactation Specialist |   |  |          |
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| 8  | 9      | 10  | 11   | Carroll Hospital Breastfeeding Support* 12:00pm - 1:00pm Shauck Auditorium Information. Call 410-871- 7000 Free. No registration required. Walk-ins welcome                       | 13 Breastfeeding Basics Class Offered to WIC participants 1-2 PM Carroll County Health Department. WIC Program Call ahead 410-876-4898 | 14       |
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| 22/29  | 23/30  | 24  | 25   | 26  | 27   | 28       |